



2026 WeRise Summer Swim League Championships

Saturday, July 25, 2026

Session	Ages	Warmup Start	Meet Start
1	11 & Over	7:30 am	8:30 am
2	10 & Under	TBA - At conclusion of 11 & Over session	TBA - 40 minutes following conclusion of 11 & Over session (estimated late morning)

Schedule Note:

Should entry numbers and timeline warrant, the meet will be held in one session only, with a meet start of 8:30 am. Once entry numbers are in on Tuesday evening, July 21, the coaches will determine the appropriate schedule set-up, which will be communicated to all families.

Location:

University of North Florida Competition Pool Complex, 1 UNF Drive, Jacksonville, Florida
Doors open at 7:00 am.

Type of Meet:

The facility is a 50-meter x 25-yard pool. The meet will be held in a 25-yard course, Timed Finals.

Pool Specs:

Certified 8-lane, 25-yard outdoor course. Eight lanes will be used for competition with lanes provided for warm-up and warm down during the meet.

Timing Equipment:

An Omega Timing system will be used with scoreboard, touchpads and button and stopwatch backup. Hy-tec Meet Manager software used for results, which are posted to Meet Mobile. An SST Timing System may be used for 25-yard events finishing at far end.

Warm-up:

If necessary, a warmup schedule will be sent to head coaches prior to the meet. The competition pool will close 10 minutes prior to start time for both sessions.

Eligibility:

This meet is open to all swimmers who are currently registered with teams in the WeRise Summer Swim League. To be eligible for Champs, a swimmer must have participated in at least one (1) regular season meet.

**Age Groups:**

A swimmer's age for all league meets shall be determined by their age as of June 1 of the current year. Age groups shall be offered as follows: 6 & Under, 7-8, 9-10, 11-12, 13 & Over.

Swim Ups:

Swim Ups are NOT allowed in the Championship meet.

Seeding:

For seeding purposes, use SCY times or NT. All events will be seeded slow to fast.

Scratches:

No penalty for scratching on the blocks.

Entry Limit:

Maximum of four events, and no more than three individual events. In other words, a swimmer may enter 3 individual events and 1 relay, or 2 individual events and 2 relays.

Deck Entries:

NO deck entries will be accepted.

Entry Fees:

There are no entry fees for this meet.

Entry Deadline:

Coaches are asked to complete their entries in Swimmingly by Tuesday, July 21, at 6:00 pm. At that time, the meet entry file for all teams will be sent to Scott Rabalais at splashtiming@gmail.com. No changes or additions allowed once heat sheet is out.

Rules:

Current USA Swimming rules will govern, except for league DQ Modifications for 10 & Under swimmers. No exhibition swims are allowed.

Officials:

Meet Director – Junior Temotio

Admin Official – Scott Rabalais

Awards:

Medals: 1st through 3rd in all events *** Ribbons: 4th through 8th in all events

Individual High Point awards given, male and female, for each age group.

Scoring:

Individual through 8th place: 9-7-6-5-4-3-2-1 *** Relays through 8th place: 18-14-12-10-8-6-4-2

**Heat Sheet:**

The heat sheet will be emailed to all participating teams/coaches prior to the meet.

Starting Procedures:

"Fly-over" starting procedures and whistle starts will be utilized. Heats may be combined to expedite the meet.

Parking:

Information will be provided to the teams during the week prior to the meet.

Timers:

The meet will be staffed by at least two timers from each team.

Order of Events:

See next page. Please note the 10 & Under 100 IM will be separated in results for scoring and awards into 8 & Under and 9-10 age groups. There are no "Developmental" events in the Championships, though accommodations can be made for athletes with special needs.

Schedule Note:

Should entry numbers and timeline warrant, the meet will be held in one session only, with a meet start of 8:30 am. Once entry numbers are in on Tuesday evening, July 21, the coaches will determine the appropriate schedule set-up, which will be communicated to all families.



CHAMPIONSHIP MEET EVENTS (see note above)

Session 1	Warmup 7:30 am Meet 8:30 am	Ages 11 & Over
Girls Event #	Event	Boys Event #
1	11-12 200 Free Relay	2
3	13 & Over 200 Free Relay	4
5	11-12 100 IM	6
7	13 & Over 100 IM	8
9	11-12 50 Free	10
11	13 & Over 50 Free	12
13	11-12 50 Back	14
15	13 & Over 50 Back	16
17	11-12 200 Medley Relay	18
19	13 & Over 200 Medley Relay	20
21	11-12 50 Breast	22
23	13 & Over 50 Breast	24
25	11-12 50 Fly	26
27	13 & Over 50 Fly	28
29	11-12 100 Free	30
31	13 & Over 100 Free	32
Session 2	Warmup at Session 1 Conclusion (TBA) Meet Start 40 mins After Session 1 Conclusion	Ages 10 & Under
33	6 & Under 100 Free Relay	34
35	7-8 100 Free Relay	36
37	9-10 200 Free Relay	38
39	10 & Under 100 IM (multi-age group event)	40
41	6 & Under 25 Free	42
43	7-8 25 Free	44
45	9-10 50 Free	46
47	6 & Under 25 Back	48
49	7-8 25 Back	50
51	9-10 50 Back	52
53	8 & Under 100 Medley Relay	54
55	9-10 200 Medley Relay	56
57	6 & Under 25 Breast	58
59	7-8 25 Breast	60
61	9-10 50 Breast	62
63	6 & Under 25 Fly	64
65	7-8 25 Fly	66
67	9-10 50 Fly	68
69	8 & Under 50 Free	70
71	9-10 100 Free	72